CALL US if a patient exhibits ONE or MORE of the following indicators: (301) 921-4400

**Heart Disease - CHF**
- NYHA Class IV; discomfort with any physical activity
- Symptomatic despite maximal medical management with diuretics and vasodilators
- Arrhythmias resistant to treatment
- Ejection fraction < 20% (if results available)

**Pulmonary Disease - COPD**
- Dyspnea at rest
- Poor response to bronchodilators
- Recurrent pulmonary infections
- Right heart failure
- Unintentional weight loss
- Bed to chair existence

**Renal Disease**
- Not pursuing dialysis, nor renal transplant or discontinuing dialysis
- Signs of uremia (confusion, nausea, pruritus)
- Pericarditis
- Intractable fluid overload
- Hepatorenal Syndrome
- Oliguria <400cc/24 hrs
- Creatinine Clearance <10cc/min (<15cc/min in diabetics) and serum creat > 8.0
- Hyperkalemia >7.0 mEq/L
- Albumin <3.5

**Dementia**
- FAST Score stage 7
- Unable to walk without assistance
- Urinary and fecal incontinence (intermittent or constant)
- No consistently meaningful verbal communication
- Unable to dress without assistance
- Unable to bathe without assistance
- Within the past 12 months - history of aspiration pneumonia or pyelonephritis, sepsis or decubiti
- Unintentional weight loss of 10% in last 6 months

**Amyotrophic Lateral Sclerosis (ALS)**
- Dyspnea at rest
- Difficulty swallowing
- Nutritional impairment
- Continuing weight loss
- Within the past 12 months - history of aspiration pneumonia or pyelonephritis or decubiti

**Cancer**
- Distant metastasis at presentation or
- Progression of disease to metastatic disease with continued decline in spite of treatment or
- Refuses treatment

**Liver Disease, Endstage**
- Prothrombin time >5 sec over control and
- Serum albumin <2.5g/dl and
- Ascites despite maximum treatment or
- Peritonitis or
- Hepatorenal syndrome or
- Hepatic encephalopathy or
- Recurrent variceal bleeding

**CVA and Coma**
- Coma or persistent vegetative state for more than 3 days
- Dysphagia
- Inability to maintain fluid / caloric intake to sustain life

**HIV/AIDS**
- Not a candidate for retroviral therapy
- CD4<25/ml OR Viral load >100,000/ml
- PPS - 50% or less
- Wasting syndrome
- Other life threatening complications

**CORE INDICATORS**
- Physical / functional decline
- Weight Loss >10% in last six months
- Multiple comorbidities
- Falls

Montgomery Hospice & Prince George's Hospice

(301) 921-4400
www.montgomeryhospice.org
<table>
<thead>
<tr>
<th>Karnofsky Performance Scale</th>
<th>%</th>
<th>Palliative Performance Scale</th>
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<tbody>
<tr>
<td>Normal, no complaints, no evidence of disease.</td>
<td>100</td>
<td>Full: Normal activity &amp; work, no evidence of disease.</td>
</tr>
<tr>
<td>Able to carry on normal activity, minor signs or symptoms of disease.</td>
<td>90</td>
<td>Full: Normal activity &amp; work, some evidence of disease.</td>
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<tr>
<td>Normal activity with effort, some signs or symptoms of disease.</td>
<td>80</td>
<td>Full: Normal activity with effort, some evidence of disease.</td>
</tr>
<tr>
<td>Cares for self, unable to carry on normal activity or active work.</td>
<td>70</td>
<td>Reduced: Unable to do normal job/work, significant disease.</td>
</tr>
<tr>
<td>Requires occasional assistance; able to care for most of own needs.</td>
<td>60</td>
<td>Reduced: Unable to do hobby/housework, significant disease.</td>
</tr>
<tr>
<td>Requires considerable assistance and frequent medical care.</td>
<td>50</td>
<td>Mainly sit/lie: Unable to do any work, extensive disease.</td>
</tr>
<tr>
<td>Disabled, requires special care and assistance.</td>
<td>40</td>
<td>Mainly in bed: Unable to do most activity, extensive disease.</td>
</tr>
<tr>
<td>Severly disabled, hospitalization indicated although death not imminent.</td>
<td>30</td>
<td>Totally bed bound: Unable to do any activity, extensive disease, reduced oral intake.</td>
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<tr>
<td>Very sick, hospitalization necessary, active supportive treatment necessary.</td>
<td>20</td>
<td>Totally bed bound: Unable to do any activity, extensive disease, minimal oral intake.</td>
</tr>
<tr>
<td>Moribund, fatal processes progressing rapidly.</td>
<td>10</td>
<td>Unable to do any activity, extensive disease, minimal or no oral intake, mouth care for comfort.</td>
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</tbody>
</table>

This scale allows patients to be classified as to their functional decline. It can be used to compare effectiveness of different therapies or to assess the prognosis in individual patients. **If a patient score is 50 or less, he or she might be eligible for hospice services.**