

Complementary Therapies

Montgomery Hospice & Prince George's Hospice strives to provide the best possible care for our patients and families. In addition to conventional medical care, we offer holistic therapies for comfort and symptom relief. These are available to patients at home, in facilities and at Casey House, and are delivered by staff or trained hospice volunteers.

Lavender Oil Hand Massage An accessible means of stress relief combining the soothing aroma of Lavender and the comfort of touch. Provided to patients and caregivers using a special blend of Jojoba oil and Lavender essential oil.

Comfort Touch® A nurturing form of touch designed for elderly, ill or frail patients. This gentle touch technique soothes the nervous system, easing stress and promoting deep relaxation.

Palliative Massage / Touch Therapy Therapeutic massage techniques used where clinically indicated to relieve pain, muscle tension and other specific symptoms. Provided by Licensed Massage Therapists.

Reiki A gentle energy technique involving hands placed lightly on or just above the body to promote relaxation, comfort and a sense of well-being. Volunteer practitioners are qualified through Montgomery Hospice & Prince George's Hospice.

Aromatherapy Use of pure essential oils from plants to ease symptoms and enhance well-being. Aromatherapy products developed by staff clinical aromatherapists may be used in addition to traditional medications.

Music Therapy The use of live or recorded musical interventions to address specific therapeutic needs of a patient. Examples include singing, lyrics analysis, active music listening, or song-writing. Provided by Board Certified Music Therapists.

Music at the Bedside Use of music to bring peace and comfort. Favorite music can be selected from an extensive library of many types of music, played on CDs or iPods. Music & MemorySM Certified.

Reverie Harp Small stringed instrument designed to be used with patients for comfort and healing. Peaceful and calming, Reverie Harp music often accompanies Tea Time at Casey House.

Threshold Choir Small ensemble of singers at the bedside bring comfort to those at the threshold of living and dying. Gentle voices, simple songs, and sincere kindness soothe patients and family.

Pet Companionship Visits by certified pets to offer comfort, tactile stimulation and unconditional love. Provided through partnerships with several pet certifying organizations.