

Volunteer for Montgomery Hospice & Prince George's Hospice

LEARN, GROW, GIVE

Ways to Help

- **Patient Visits** - providing companionship, the gift of presence, lavender oil hand massage, live or recorded music by the bedside, and opportunities for life review. Volunteers visit patients in private homes, facilities, and at Casey House, our acute care, inpatient facility.
- **Family Support** - providing respite for family members and caregivers and assisting with household chores or errands.
- **Pet Companionship** - providing pet visits for patients (pets must be pre-certified by qualifying community agencies).
- **Administrative Support** - providing office work at our main or Prince George's offices.
- **Outreach and Special Events** - attending health fairs, community events, and other events, serving as a representative of the organization.
- **Comfort Touch®*** - providing nurturing touch for patients and caregivers.
- **Reiki*** - providing a gentle energy technique to promote relaxation for patients and caregivers.
- **Bereavement Support*** - providing grief support, a listening ear, and emotional comfort for family members after the death of a loved one.

Required Training

All Montgomery Hospice & Prince George's volunteers are required to attend an intensive three-day training that include topics such as communication, confidentiality, the hospice team approach, professional boundaries, spirituality, ethics, and grief. After the initial training, volunteers continue to be supported with ongoing educational programs and coaching circles.

Apply

Interested adults (18 years and older) are asked to make a commitment to volunteer for a minimum of one year, with an availability of two hours per week. The application and required forms can be found at www.montgomeryhospice.org/volunteer or requested at 301-921-4400.



** activities that require additional training
Please Note: Offerings are subject to availability.*